

DIY Paper Journal

Supplies

- Sheet of scrapbook paper (6"x12")
- 10 sheets of white paper (6"x12")
- Hemp (about 40" long)
- 3 beads
- Single hole punch
- Clothespins or paperclips (3-4)



Instructions

1. Line the scrapbook sheet of paper on top of the 10 sheets of white paper and use a hole punch to punch 4 holes along the 6" edge. The holes are 1" from the side and 1.25" apart. If you have the kit, your paper is already pre-punched. If you have clothespins or a paper clip, clip the pages together to hold them in place.
2. Optional: use clothespins or paperclips (not included) to hold papers together while sewing.
3. Starting at the bottom hole, thread the hemp through the hole, leaving a few inches for the tail (where you will add the beads at the end).
4. Continue to thread the hemp in and out of the holes until you reach the top.
5. At the top, you are going to thread around the corner and thread back through the top hole, so the hemp creates a little square in the corner of the paper.
6. Continue to thread down, this time moving the hemp around the spine of the paper, so it looks like you are creating little squares with the hemp along the spine of the paper journal.
7. When you get to the bottom, take the two ends of the hemp and make a loop and knot it.
8. To create the tail, thread the three beads in the hemp and then tie the hemp pieces together to seal the beads in. You'll need to tie the pieces together a few times to create a knot big enough to prevent the beads from slipping through.

Watch the video on Creativebug for more expanded directions:

<https://www.creativebug.com/r/crystallakelibrary/classseries/single/japanese-side-sewn-sketchbook>